



SelectORIZED BSP20 Torso Rotation

Product Images



Description

Binom Steel Pro - BSP20 Selectorized Torso Rotation - 100% Professional



The **Binom Steel Pro BSP20 Selectorized Torso Rotation** machine is designed to provide precise and controlled work for the **core muscles through a guided rotational movement**. Its system allows the exercise to start from **different angles**, facilitating balanced activation of both sides of the torso and adjusting the range according to the user's needs. This makes it a versatile option for both beginners and advanced athletes looking to improve performance.

Thanks to its ergonomic structure, the user can maintain a stable posture throughout the exercise, promoting proper technical execution. The **adjustable chest support** and assisted position help align the body, reducing compensations and allowing effort to focus on the muscles involved in rotation, such as the **obliques and deep core**.

We are confident in stating that choosing this machine guarantees your investment with a **100% reliable and precise product**. With all necessary spare parts in stock, you can save space and money. The biomechanics of this equipment were developed by top engineers and trainers to isolate muscles as efficiently as possible.

Binom Steel Pro BSP20 Selectorized Torso Rotation



GENERAL FEATURES

It stands out for its **adjustable regulation system**, which allows both the starting position of the movement and the height of the support to be adjusted for different body types. Additionally, its **padded design** and strategically placed support points provide comfort and safety, minimizing stress on the lower back during training.

The Binom Steel Pro line allows users to experience the same range of motion and feel as free weights, but with the safety of a selectorized machine. **Machines include:**

- High-quality nylon pulleys.
- Ultra-reinforced frame structure.
- High-strength cables designed for intensive use.
- Magnetic weight selector for quick and safe adjustment.
- Advanced manufacturing with laser cutting, robotic welding, and long-lasting anti-corrosion finish.

The guided mechanism ensures smooth, inertia-free movement, helping to improve technique and maximize exercise effectiveness. It is ideal for those looking to incorporate equipment focused on functional training, core stability, and direct transfer to sports movements like rotations, throws, or directional changes.

Our guided weight machines are known for their **high quality and reliability**. They are a benchmark for excellent performance under intensive use. Being a professional machine, it delivers very high performance without any component suffering significant wear.

TECHNICAL SPECIFICATIONS

- Frame: Main oval flat tubes 65 × 114 mm and 40 × 70 mm.
- Robust construction with 3 mm tube thickness.
- High-performance industrial bearings.
- Front frame: D-shaped tube 76 × 130 × 3 mm.
- 114 mm nylon pulley for smooth and quiet movement.
- Weight plates: 1 pc x 5 kg + 16 pcs x 7 kg + 2 additional pcs x 2.3 kg.
- Total plate weight: 117 kg + 4.6 kg.
- Material: High-quality Q235 steel.
- Pulley ratio: 1:1.
- Seat has 11 different starting positions.
- Adjustable chest support with 8 positions.
- Top side handles for more comfortable exercise.
- Machine weight: 272 kg.
- Maximum user weight: 200 kg.
- Packaging dimensions: 162 cm x 112 cm x 79 cm.
- **DIMENSIONS:** Length: 108 cm x Width: 121 cm x Height: 166 cm.



All BINOM machinery is manufactured with the highest design and quality standards to provide customers with the best quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 108 cm x W: 121 cm x H: 166 cm.
Machine Weight (Kg)	272 kg.
Total Weight of Plates	117 kg + 4.6kg.
Available on	30 Jul 2026

