



SelectORIZED BSP06 Unilateral Triceps Dips

Product Images



Description

Binom Steel Pro - BSP06 Selectorized Unilateral Triceps Dips - 100% Professional



The **Binom Steel Pro BSP06 Selectorized Unilateral Triceps Dips** is designed to provide precise, comfortable, and highly effective triceps training. Its guided motion system allows the elbow extension to be performed in a stable and controlled manner, focusing the effort directly on the triceps brachii. Thanks to its unilateral operation, **each arm can be trained independently**, helping to correct imbalances and improve muscle symmetry with every repetition.

Additionally, it features a **1:1 cable ratio**, meaning the selected weight is exactly the load moved during the exercise. With a weight stack of **117 kg + 4.6 kg plates**, it allows you to perform everything from technical or endurance sessions to higher-intensity strength training. The combination of optimized biomechanics, smooth motion, and robust structure makes this machine an ideal investment for both advanced users and beginners.

We are confident that choosing this machine guarantees your investment with a **100% reliable and precise product**. With all necessary spare parts in stock, you save space and money. The machine's biomechanics have been designed by top engineers and trainers to isolate the muscle as efficiently as possible.

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GENERAL FEATURES

The **seat adjustable to five positions** allows the machine to be adapted to each user to achieve optimal alignment of shoulders, elbows, and wrists during the movement. This adjustment ensures a **comfortable, safe, and efficient execution**, improving control with each repetition and allowing a smooth pushing motion throughout the range of motion.

The Binom Steel Pro line allows users to experience the same range of motion and feel as free weights, but with the safety of a selectorized machine. **The machines include:**

- High-quality nylon pulleys.
- Ultra-reinforced frame structure.
- High-strength cables designed for intensive use.
- Magnetic weight selector for quick and safe adjustment.
- Advanced manufacturing with laser cutting, robotic welding, and anti-corrosion finish for long-lasting durability.

The **handles, with two width positions**, allow users to choose the most comfortable and effective position for their build, optimizing triceps activation. Additionally, the slightly forward-tilted backrest helps stabilize the torso and directs effort directly to the target muscle. Thanks to its unilateral system, the machine allows each arm to train independently, promoting more balanced strength and muscle development.

Our guided weight machines stand out for their **high quality and reliability**. They are recognized for their ability to handle intensive use. Being a professional-grade machine, you can push it to very high performance without any component experiencing wear.

TECHNICAL SPECIFICATIONS

- Structure: Main frame oval tubes 65 × 114 mm and 40 × 70 mm.
- Robust construction with 3 mm tube thickness.
- High-performance industrial bearings.
- Front frame: D-shaped tube 76 × 130 × 3 mm.
- 114 mm nylon pulley for smooth and quiet movement.
- Weight plates: 1 pc x 5 kg + 16 pcs x 7 kg + 2 additional pcs x 2.3 kg.
- Total plate weight: 117 kg + 4.6 kg.
- Material: High-quality Q235 steel.
- Seat adjustable in 5 positions.
- Machine weight: 291 kg.
- Maximum user weight: 200 kg.
- Packing dimensions: 162 cm x 102 cm x 66 cm.
- **DIMENSIONS:** Length: 131 cm x Width: 120 cm x Height: 160 cm.



All BINOM machinery is manufactured under the highest design and quality controls to provide our customers with the best quality at the best price.

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 131 cm x W: 120 cm x H: 160 cm.
Machine Weight (Kg)	291 kg.
Total Weight of Plates	117 kg + 4.6kg.
Available on	20 May 2026



Additional Information