



SelectORIZED BSP05 Unilateral Biceps Curl

Product Images



Description

Binom Steel Pro - BSP05 Selectorized Unilateral Biceps Curl - 100% Professional



The **Binom Steel Pro BSP05 Unilateral Biceps Curl** is a machine designed to provide a specific, comfortable, and efficient workout for the biceps. Its structure allows the exercise to be performed with a guided and stable path, facilitating correct technical execution and helping concentrate the effort directly on the target muscle.

Thanks to its **selectorized system** and the **independent movement of each arm**, the user can quickly adjust the load and train unilaterally, promoting balanced muscle development and helping correct possible imbalances. This makes it an ideal option for all types of users who want to improve their performance safely.

As part of the Binom Steel Pro line, this machine stands out for its robust construction, reliability, and design intended to withstand intensive use in professional gyms, offering a comfortable, smooth, and long-lasting training experience.

We are more than confident in telling you that by choosing this machine your investment will be guaranteed with a **100% reliable and precise product**. With all necessary spare parts in stock, you will be able to save space and money. The entire biomechanics of this equipment has been developed by top engineers and trainers to isolate the muscle in the most efficient way possible.

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GENERAL FEATURES

This equipment is designed for precise technical execution of the exercise and to adapt to the needs of each user. The **adjustable seat** with multiple positions makes it easy to align the arms correctly with the axis of movement, promoting more efficient mechanics. In addition, the **rotating handles** allow the hands to follow a natural path during the curl, reducing pressure on the joints and providing a smoother and more comfortable movement. The **support pads** keep the arm stable throughout the entire exercise, helping focus the effort directly on the biceps and preventing compensation.

The Binom Steel Pro line allows users to experience the same range of motion and feeling as free weights, but with the safety of a **selectorized machine**. **The machines include:**

- High-quality nylon pulleys.
- Ultra-reinforced frame structure.
- High-resistance cables designed for intensive use.
- Magnetic weight selector pin for quick and safe adjustments.
- Advanced manufacturing with laser cutting, robotic welding, and a highly durable anti-corrosion finish.

Its **open structure** significantly improves the user experience by eliminating the front support that usually presses against the chest in traditional curl machines. This **provides greater postural freedom, improves breathing, and makes it easier to get on and off the machine**. At the same time, the independent work of each arm allows unilateral training, promoting balanced muscle development, correcting possible

imbalances, and strengthening the mind-muscle connection with every repetition.

Our guided load machines stand out for their **high quality and reliability**. Our products are a benchmark for their excellent response to intensive use. As this is a professional machine, you will be able to achieve very high performance without any of its components suffering minimal wear.

TECHNICAL FEATURES

- Structure: Flat oval main frame tubes of 65 × 114 mm and 40 × 70 mm.
- Robust construction with a tube thickness of 3 mm.
- High-performance industrial bearings.
- Front frame: D-shaped tube of 76 × 130 × 3 mm.
- 114 mm nylon pulley for smooth and quiet movement.
- 6 starting position adjustments for the arms for greater comfort.
- Weight plates: 1 pc x 5 kg + 16 pc x 7 kg + 2 additional pcs x 2.3 kg.
- Total plate weight: 117 kg + 4.6 kg.
- Material: High-quality Q235 steel.
- Seat adjustment in 5 positions.
- Weight: 306 kg.
- Maximum user weight: 200 kg.
- Packing dimensions: 162 cm x 112 cm x 79 cm.
- **DIMENSIONS:** Length: 122 cm x Width: 157 cm x Height: 160 cm.



All BINOM machines are manufactured under the highest design and quality control standards to offer our customers the best quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 122 cm x W: 157 cm x H: 160 cm.
Machine Weight (Kg)	306 kg.
Total Weight of Plates	117 kg + 4.6kg.
Available on	20 May 2026

