



SelectORIZED BSP03 Unilateral Shoulder Press

Product Images



Description

Binom Steel Pro - BSP03 Selectorized Unilateral Shoulder Press - 100% Professional



Binom Steel Pro **BSP03 Unilateral Shoulder Press** is a selectorized machine designed to provide precise, safe, and highly effective shoulder training. Its guided movement system allows users to replicate free-weight sensations with greater control and stability.

Thanks to its ergonomic design and the ability to work each arm independently, this machine helps improve muscle symmetry and optimize technique in every repetition. Additionally, it is part of the **Binom Steel Pro** line, developed with high-quality materials and a reinforced structure built to withstand intensive use, ensuring durability, smooth movement, and reliable long-term performance.

We are confident that by choosing this machine, your investment is guaranteed with a **100% reliable and precise product**. With all spare parts in stock, you can save space and money. The biomechanics of this equipment have been designed by top engineers and trainers to isolate muscles as efficiently as possible.

Binom Steel Pro BSP03 Selectorized Unilateral Shoulder Press



GENERAL FEATURES

This machine features a **dual-handle system** that allows users to vary hand positions to adapt the exercise to different training goals. The **neutral grip** encourages a more natural shoulder position and targets the middle deltoid, while the **horizontal grip** increases activation of the anterior deltoid and triceps. This versatility allows for varying muscle stimulation in each session while maintaining comfortable and safe joint execution.

The Binom Steel Pro line provides the same range of motion and feel as free weights but with the safety of a selectorized machine. **The machines include:**

- High-quality nylon pulleys.
- Ultra-reinforced frame structure.
- High-strength cables designed for intensive use.
- Magnetic plate selector for fast and safe adjustments.
- Advanced manufacturing with laser cutting, robotic welding, and anti-corrosion high-durability finish.

The **padded seat adjustable to 5 positions** and the **70° angled backrest** help position the user in a stable

and efficient posture. The high backrest provides greater trunk stability and reduces compensations during the movement, allowing for better force concentration in the arms. The ability to **work each arm independently** also helps correct muscular imbalances and promotes more balanced development.

Our guided-load machines stand out for their **high quality and reliability**. They are a benchmark for withstanding intensive use. As a professional machine, you can achieve maximum performance without any component suffering wear.

TECHNICAL SPECIFICATIONS

- Structure: Main frame oval tubes 65 × 114 mm and 40 × 70 mm.
- Robust construction with 3 mm tube thickness.
- High-performance industrial bearings.
- Front frame: D-shaped tube 76 × 130 × 3 mm.
- 114 mm nylon pulley for smooth and quiet movement.
- 6 starting arm adjustments for added comfort.
- Weight plates: 1pc x 5 kg + 16pcs x 7 kg + 2 additional pcs x 2.3 kg.
- Total plate weight: 117 kg + 4.6 kg.
- Material: High-quality Q235 steel.
- Seat adjustable to 5 positions.
- Weight: 294 kg.
- Maximum user weight: 200 kg.
- Packaging dimensions: 162 cm x 132 cm x 85 cm.
- **DIMENSIONS:** Length: 170 cm x Width: 144 cm x Height: 160 cm.



All BINOM machinery is manufactured under strict design and quality control to provide our customers with the highest quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 170 cm x W: 144 cm x H: 160 cm.
Machine Weight (Kg)	294 kg.
Total Weight of Plates	117 kg + 4.6kg.
Available on	20 May 2026

