



Plate Loaded BSL111 Hack Squat Pendulum

Product Images



Description

Binom Steel - BSL111 Plate-Loaded Hack Squat Pendulum - 100% PROFESSIONAL



The Binom Steel BSL111 Plate-Loaded Hack Squat Pendulum is a professional training machine designed to provide a guided, safe, and natural movement during leg workouts. Its robust structure and wide, non-slip base ensure stability even under heavy loads. In addition, it features a pendulum motion system that promotes an ergonomic trajectory, reducing joint stress and maximizing muscle activation with each repetition.

This exercise primarily targets the glutes, hamstrings, and quadriceps, offering balanced lower-body development. The machine includes 3 bars designed for plate loading and 2 additional ones for storage, along with a padded backrest and shoulder supports that provide ergonomic support and comfort during use. It also includes a locking pin that allows you to choose the squat depth and a large grip with aluminum finishes for greater safety and movement control.

We are confident in telling you that by choosing this machine, your investment is guaranteed with a 100% reliable and precise product. All necessary spare parts are in stock. You'll save both space and money. The biomechanics of this equipment have been developed by top engineers and trainers to isolate the muscles in the most efficient way possible.

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GENERAL FEATURES

Experience excellence in your workout routine with this plate-loaded hack squat machine. With its robust design and plate-loading technology, this equipment offers a workout that maximizes muscle development and stability throughout the exercise. The machine includes:

- Frame with ultra-reinforced structure.
- High-quality Q325 steel.
- The most resistant steel finishes on the market.

Designed to withstand the most intense workouts, our plate-loaded machines stand out for their combination of strength, precision, and safety. Each unit is built from high-quality materials and a solid design that ensures stability and durability even with prolonged use. Its professional structure allows each movement to be performed with complete confidence, offering superior performance and a smooth, efficient training experience.

Recognized in the fitness industry for their reliability and long lifespan, our plate-loaded machines have become a benchmark in professional equipment. Thanks to their meticulous engineering and structural strength, they maintain integrity even under demanding routines. They are the ideal choice for gyms and athletes seeking maximum quality, performance, and durability in every training session.

TECHNICAL SPECIFICATIONS

- Main rectangular frame tube: 50 x 100 mm, with secondary tubes of 50×75 mm and 50×50 mm.
- Frame tube thickness: 3 mm.
- High-quality steel structure.
- Muscles involved in the exercise: glutes, hamstrings, and quadriceps.
- Includes 3 bars for plate loading and 2 additional for storage.

- Features a padded backrest and two padded shoulder supports for ergonomic comfort.
- Large handgrips with aluminum finishes.
- Locking pin allows you to choose the squat depth.
- Wide, non-slip foot platform allowing multiple positions.
- Maximum load capacity: 200 kg.
- Net weight: 150 kg.
- Package dimensions: cm x cm x cm.
- **DIMENSIONS:** Length: 200 cm x Width: 143.2 cm x Height: 162 cm.



All BINOM machinery is manufactured under the highest design and quality controls to offer our customers the best quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 200 cm x W: 143.2 cm x H: 162 cm.
Machine Weight (Kg)	150 Kg.
Available on	14 Nov 2025

