



Plate Loaded BSL144 Hip Thrust

Product Images



Description

Binom Steel - BSL144 Plate Loaded Hip Thrust - 100% PROFESSIONAL



The Binom Steel BSL144 Plate-Loaded Hip Thrust machine is a robust and ergonomic piece of equipment designed to effectively strengthen glutes and legs. It allows you to perform strength and conditioning workouts safely, offering stability and comfort in every repetition.

Specifically designed to target glutes and hamstrings, the BSL144 features two bars for plate loading and four additional ones for storage, optimizing space. Its cushions are made of high-density foam and high-quality leather. In addition, the roller is adjustable to several height positions, and the foot platform can be angled to suit different users and training styles.

We are more than confident in saying that with this machine your investment is guaranteed with a 100% reliable and precise product. All necessary spare parts are in stock. You'll save both space and money. The biomechanics of this equipment have been developed by top engineers and trainers to achieve maximum muscle isolation and efficiency.

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GENERAL FEATURES

Experience excellence in your training routine with this plate-loaded hip thrust machine. With its robust design and plate-loading technology, this equipment provides a workout that maximizes muscle development and stability during each exercise. The machines include:

- Chassis with ultra-reinforced structure.
- High-quality Q325 steel.
- Market-leading steel finishes for superior resistance.

Built to withstand the most intense use, our plate-loaded machines combine resistance and precision in every movement, ensuring a safe and efficient workout. Made from premium materials with a solid design, they are the ideal choice for those seeking maximum performance without compromising durability.

Our plate-loaded machines are recognized in the fitness world for their high quality and reliability. Our products are a benchmark for their excellent performance under intensive use. As a professional-grade bench, it delivers maximum performance without any wear or strain on its components.

TECHNICAL SPECIFICATIONS

- Main rectangular frame tube: 50 x 100 mm; secondary tubes: 40x80 mm and 50x50 mm.
- Frame tube thickness: 3 mm.
- High-quality steel structure.
- Target muscles: glutes and hamstrings.
- Includes 2 bars for weight loading and 4 additional bars for storage.
- Cushions made of high-density foam and premium leather.
- Adjustable roller with multiple vertical positions.
- Adjustable foot platform angle.
- Maximum load capacity: 200 kg.
- Net weight: 150 kg.
- Package dimensions: 197 cm x 112 cm x 53 cm.
- **DIMENSIONS:** Length: 193 cm x Width: 154 cm x Height: 115 cm.



All BINOM equipment is manufactured under the highest design and quality control standards to offer our clients the best quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 193 cm x W: 154 cm x H: 115 cm.
Machine Weight (Kg)	150 Kg.
Available on	14 Nov 2025

