



Plate Loaded BSL142 Crossover Multi-Press Bench

Product Images



Description

Binom Steel - BSL142 Plate Loaded Crossover Multi-Press Bench - 100% PROFESSIONAL



This Crossover Multi-Press Bench is a versatile and robust training machine, designed to effectively work the upper body muscles, especially triceps, deltoids, and pectorals. Thanks to its ergonomic structure and adjustable bench system, it allows for a variety of exercises with safety, comfort, and stability. In addition, being a plate-loaded machine that does not use free bars, it minimizes the risk of injury by safely controlling the weight throughout the entire exercise, making it an ideal option for demanding workouts.

The bench is fully adjustable both vertically and horizontally, with a backrest that can be set flat or inclined, while the seat, made of high-density foam and quality leather, ensures comfort and support. Its multi-angle grips with aluminum finishes provide ergonomics and durability, and the four bars (two for loading and two for storage) keep the space practical and organized.

We are more than confident in saying that with the choice of this machine, your investment will be guaranteed with a 100% reliable and precise product. With all necessary spare parts in stock, you will save both space and money. The biomechanics of this equipment have been designed by the best engineers and trainers to isolate the muscle in the most efficient way possible.

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GENERAL FEATURES

Experience excellence in your training routine with the BSL142 Plate Loaded Crossover Multi-Press Bench. With its robust design and plate-loaded technology, this equipment offers a workout that maximizes muscle development and stability during exercise. The machines include:

- Frame with ultra-reinforced structure.
- High-quality Q325 steel.
- The most resistant steel finishes on the market.

Built to withstand the most intense use, our plate-loaded machines combine resistance and precision in every movement, guaranteeing safe and efficient training. With premium materials and a robust design, they are the ideal choice for those seeking maximum performance without compromising durability.

Our plate-loaded Bench Press is recognized in the fitness world for its high quality and reliability. Our products are a benchmark for delivering the best response under intensive use. Being a professional plate-loaded machine, it can deliver extremely high performance without any of its components suffering the slightest strain.

TECHNICAL FEATURES

- Main frame rectangular tube: 50 x 100 mm; secondary tubes: 48x80 mm and 50x50 mm.
- Muscles involved in the exercise: Triceps, deltoids, and pectorals.
- Structure tube thickness: 3 mm.
- High-quality steel structure.
- Includes two bars designed to hold plates and two additional for storage.
- Seat cushion made of high-density foam and premium leather.
- Adjustable bench (vertical and horizontal).
- Backrest adjustable to flat and inclined angles.
- Multi-angle hand grips with aluminum finishes.
- Maximum load capacity: 200 Kg.
- Net weight: 150 Kg.
- Packing dimensions: 147 cm x 102 cm x 48 cm.
- **DIMENSIONS:** Length: 170 cm x Width: 78.5 cm x Height: 172 cm.



All BINOM equipment is manufactured under the highest design and quality controls to provide our customers with the best quality at the best price.

Additional Information

Product line	Steel
Use	Profesional
Condition	New
Total Dimensions (cm)	L: 170 cm x W: 78.5 cm x H: 172 cm.
Machine Weight (Kg)	150 Kg.
Available on	29 Sept 2025

